

MENU ON BACK-

Call- 405-732-0302
for meals 9am-11:30am
SENIOR CENTER OFFICE
- 405-739-1200

May



2024

S U	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S A
1 5	<p>ADVANCED CARE PLANNING AND EDUCATION SEMINAR. DESIGNED FOR SENIORS, PATIENTS, FAMILY MEMBERS AND LOVED ONES. Fri/Sat, May 3rd and 4th. Large plant sale, 1441 N. Key Blvd. 9am – 4pm. Rube Atkins Garden Center</p>	<p>** Come have coffee with our <u>Midwest City Mayor, Matt Dukes</u>. The 3rd Wednesday this month 9:30-10:30AM TRIAD/SALT- (Seniors and law enforcement together) will meet the 3rd Tues, at 1:00 pm. In the Grand Rm. With Deputy Sherrif Hardin. Find out what criminals are doing near you....</p>	<p>9-11a Wood carvers 10a Exercise Group 10a - Bible Study (Parlor) † 11a – Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge 1:00-2P Loud Crowd (must be registered) 1pm – *Line Dancing!</p>	<p>9-9:45am – Yoga 9:30a-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in Lunch w/ Reservations 1p-4p –Art in the afternoon!! 1p-4p - Hand & Foot 7:00-9p Killing Time Band-\$10.00</p>	<p>8a – 11a Dominoes! 9-11:30/12:30-4pm–Pinochle' 10a - Gospel singing (Grand Rm) 10a Exercise Group 11a – Tai Chi 11:15 Dine in Lunch w/Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball</p>	
	<p>9-11a Music Jam 10a – *Exercise Group 11:00 – Pegs & Jokers! In the game Rm. 11a – Tai Chi 11:15 Dine in lunch, with Reservations 1p-4p - Hand & Foot 1-3p Woodcarvers</p>	<p>9-9:45am – Yoga 9a –12 - Dominoes! 9-11:30/12:30-4 Pinochle' 10a – Exercise Group 11:15 Dine in lunch w/Reservations 12p – BINGO! 2:00-3:00pm ADVANCED CARE PLANNING 2-4p Quilts and More</p>	<p>9am-11a Wood carvers 10a Exercise 10a Bible Study (Parlor) † 11a – Tai Chi 11:15 Dine in Lunch with Reservations 12-4 - Bridge Group 1:00-2P Loud Crowd (must be registered) 1pm– *Line Dancing!</p>	<p>9-9:45am – Yoga 9:30a-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in Lunch w/ Reservations 1p-4p –Art in the afternoon!! 1p-4p - Hand & Foot 7:00-9p Killing Time Band-\$10.00</p>	<p>8a – 11a Dominoes! 9-11:30/12:30-4pm–Pinochle' 10a - Gospel singing (Grand Rm., 10a – *Exercise Group 11a – Tai Chi 11:15 Dine in Lunch w/Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball</p>	
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	<p>We are closed for Memorial Day </p>	<p>9-9:45am – Yoga 9a –12 Dominoes! 9-11:30/12:30-4 - Pinochle' 10a – Exercise Group 11:15 Dine in lunch w/Appt. 12P – BINGO! 2-4p Quilts and More 7p - 9p Fun Timers Square Dancing...</p>	<p>9-11a Wood carvers 10a Exercise Group 10am Bible Study (Parlor) 11a – Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge 1:00-2P Loud Crowd (must be registered) 1pm – *Line Dancing!</p>	<p>9-9:45am – Yoga 9:30am-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in lunch with Reservation 1-4 – Art in the afternoon!! 1-4p - Hand & Foot 7:00-9pm Killing Time Band \$10.00</p>	<p>8a – 11a Dominoes! 9-11:30/12:30-4pm–Pinochle' 10a - Gospel singing (Grand Rm.) 10a – *Exercise Group 11a – Tai Chi 11:15 Dine in Lunch w/Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball</p>	

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