

FOR MEAL RESERVATIONS
CALL 405-732-0302
CALLS ANSWERED FROM
9:30AM – 11:30AM

LUNCH



2026
MIDWEST CITY
Where the Spirit Flies High

S U	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S A
2 4	*For all lunch appointments we register. See Mrs. AMBER, our Site Manager for meals, Call 24 hr before lunch time @405-732-0302 for a meal reservation. Phone reservations accepted from 9am- 11:30pm. M-F 9-11a Music Jam 10:15a – Exercise Group 11a – Tai Chi 11:15 Dine in lunch, with Reservations 1p-4p - Hand & Foot 1-3p Woodcarvers 1p – 4p Pickle Ball	(Seniors and law enforcement together) will meet the 3rd Tues, at 12:00 pm, in the Grand Room With Deputy Sheriff Tara Hardin. Construction will be coming this way in the first quarter of the year. Be patient with us as we adjust class locations. THANK YOU—OUR STAFF 8a –12 - Dominoes! 8-11:30/12-4pm - Pinochle' 8:30am – 9:30am - Yoga 10a – Exercise Group 11:15 Dine in lunch with Reservations 12p – BINGO!	New Bingo hours on the first Tuesday will be at 12:00, right after lunch! Our GRIEF COUNSELING is provided by our local SSM Health. Meeting on 2nd and 4th Wed. 9am-11a Wood carvers 9am Exercise 12-4 - Bridge Group 9am Bible Study (Parlor) 11a – Tai Chi 11:15 Dine in Lunch with Reservations 12-4 - Bridge Group 1:00p Bible Study 1pm – *Line Dancing!	Happy New Year WE WILL BE CLOSED NEW YEAR'S DAY 8:30-9:30am – Yoga 9:30a-12 Knit/Crochet 10:15a - Exercise Group 11:15 Dine in Lunch with Reservations 1p-4p –Art in the afternoon!! 1p-4p - Hand & Foot 7:00-9p Live Band-\$10.00	8a – 11:30a Dominoes! 8-11:30/12-4pm – Pinochle' 10a - Gospel singing (Grand Rm.) 10:15a – *Exercise Group 11a – Tai Chi 11:15 Dine in Lunch with Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball	1
	9-11a Music Jam 10:15a – *Exercise Group 11 – Tai Chi 11:15 Dine in lunch with Reservations 1p-4p - Hand & Foot 1p – 4p Pickle Ball	8a –12 - Dominoes! 8-11:30/12-4 - Pinochle' 8:30am – 9:30am - Yoga 10:15a – Exercise Group 11:15 Dine in lunch with Reservations 7p - 9p Fun Timers Square Dancing	9-11a Wood carvers 10:15a Exercise Group 9am Bible Study 11a – Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge 12:00 - SSM Grief Counseling 1:00p Bible Study 1pm – *Line Dancing!	8:30-9:30am – Yoga 9:30-12 Knit/Crochet 10:15a - Exercise Group 11:15 Dine in Lunch with Reservations 1-4 – Art in the afternoon!! 1-4p - Hand & Foot 7:00-9p Live Band-\$10.00	8a – 11:30a Dominoes! 8-11:30/12-4pm – Pinochle' 10:15a – Exercise Group 11a – Tai Chi 11:15 Dine in Lunch with Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball	16
	9-11a Music Jam 10a – *Exercise Group 11 – Tai Chi 11:30 Special Lunch today-Sign up!! 1-3p Woodcarvers 1p-4p - Hand & Foot 1p – 4p Pickle Ball	8a –12 Dominoes! 8-11:30/12-4 - Pinochle' 8:30am-9:30am – Yoga 10a – Exercise Group 11:15 Dine in lunch 12p – TRIAD/SALT 1:00 - BINGO! 2:00 pm MWC Parkinson's Group	9-11a Wood carvers 10a Exercise Group 9:00 Bible Study (Parlor) 9:30-10:30 *Mayor Matt Dukes 11a – Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge 1:00pm Bible Study (Parlor) 1pm – *Line Dancing!	8:30-9:30am – Yoga 9:30am-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in lunch with Reservation 1-4p - Hand & Foot 1-4 – Art in the afternoon!! 200 - MWC Parkinsons Group Meeting 7:00 -DAY & 7:00-9pm Live Band \$10.00	8a – 11:30a Dominoes! 8-11:30/12-4pm – Pinochle' 10a – Exercise Group 11a – Tai Chi 11:15 Dine in Lunch with Reservations 12-4 Mexican Train Dominoes 1p – 4p Pickle Ball	23
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LUNCH MENU ON BACK