






MENU ON BACK-
Call - 405-732-0302 for meal
Reservations. 9am-11:30am
SENIOR CENTER OFFICE
-----405-739-1200-----

SEPTEMBER MENU 2025

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
	HAMBURGER LETTUCE, TOMATO, ONION, PICKLES BAKED BEANS POTATO SALAD APPLE BUN MILK	CHICKEN TETRAZZINI TOMATOES & ZUCCHINI GREEN SALAD BANANA WHEAT BREAD MILK	PINTO BEANS & HAM TOMATO RELISH CREAMY SLAW ORANGE CORNBREAD MILK	PICNIC TIME 
8	9	10	11	12
POLISH SAUSAGE POTATO WEDGES SAUERKRAUT APPLE BUN MILK	BBQ CHICKEN POTATO CASSEROLE STEAMED BROCCOLI AMBROSIA WHEAT BREAD MILK	INDIAN TACO CHILI BEANS GREEN SALAD HOT PEACH CRISP PITA BREAD MILK	SAUSAGE & GRAVY TATER TOTS ORANGE JUICE HOT FRUIT COMPOTE BISCUIT MILK	PASTA SALAD W/TURKEY, HAM & CHEESE CALIFORNIA MIX SALAD CORN RELISH COOKIE CRACKERS (8) MILK
15	16	17	18	19
PORK CHOP MASHED POTATOES W/GRAVY MIXED VEGGIES ORANGE WHEAT BREAD MILK	PENNE PASTA W/ITALIAN SAUSAGE STEAMED BROCCOLI SALAD HOT BREAD PUDDING WHEAT BREAD MILK	BAKED CHICKEN SALAD GLAZED SWEET POTATOES GREEN BEANS JELLO W/FRUIT WHEAT BREAD MILK	CHICKEN FAJITAS MEXICAN STREET CORN CINNAMON CARROTS COOKIE FLOUR TORTILLA MILK	TUNA SALAD TOMATO SOUP CORN RELISH PUDDING WHEAT BREAD (2) MILK
22	23	24	25	26
CHICKEN FRIED STEAK MASHED POTATOES W/GRAVY CALIFORNIA VEGGIE MIX PEACHES WHEAT BREAD MILK	TACO CHILI BEANS LETTUCE, TOMATO, ONIONS, CHEESE HOT FRUIT COMPOTE TORTILLA MILK	NAVY BEANS & HAM TOMATO RELISH CREAMY COLESLAW BLUEBERRY JELLO CORNBREAD MILK	BEEF FRANK BAKED BEANS SAUERKRAUT PUDDING BUN MILK	BAKED FISH FILET HOMINY CINNAMON CARROTS CAKE WHEAT BREAD MILK
29	30			
BBQ PORK POTATO CASSEROLE CALIFORNIA VEGGIE MIX ORANGE BUN	EGG SALAD PICKLED BEETS SUNSHINE GELATIN COOKIE WHEAT BREAD (2) MILK			

ACTIVITIES CALANDAR ON BACK!