

MENU IS ON BACK,
Call 405-732-0302 for meal
Reservations. 9am - 11:30am
---SENIOR CENTER OFFICE---
405-739-1200-----

2025



S	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	S
U						A
3	<p>*For all lunch appointments we register. See Ms. Angie, our Site Manager for meals, Call 24 hrs before lunch time @405-732-0302 for a meal reservation. Phone reservations accepted from 9am-11:30pm. M-F</p> <p>8am-11:30am Board Games! 9-11a Music Jam 9-11 Spades 10a - *Exercise Group 11a - Tai Chi 11:15 Dine in lunch, with Reservations 12-1:00 - ASL (American Sign Language) 1p-4p - Hand & Foot 1-3p Woodcarvers 1p - 4p Pickle Ball</p>	<p>TRIAD/SALT (Seniors and law enforcement together) will meet the 3rd Tues. at 1:00 pm in the Grand Room with Deputy Sheriff Tara Hardin. Zoo field trip! The 13th We will leave at noon, back by 4:00 - 4:30</p> <p>8a -11:00 - Dominoes! 8-11:30/12-4pm - Pinochle' 9-9:45am - Yoga 10a - Exercise Group 12p - BINGO! 11:15 Dine in lunch with Reservations 2-4p Quilts and More</p>	<p>---May Field Trip to the Zoo!-- May 13th We will leave after lunch. Apx. 12:00pm. Please sign up in advance. May 1. End of life Resources Seminar - Sign up in the office to attend. The presenters will have a Physician, a lawyer, and others to answer questions!</p> <p>9am-11a Wood carvers 10a Exercise 10a Bible Study (Parlor) + 11a - Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge Group 1:00-2p Loud Crowd (must register) 1pm - *Line Dancing!</p>	<p>9-9:45am - Yoga 9:30-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in lunch with Reservations 12:00 End of life Resources Seminar 1-4 - Art in the afternoon!! 1-4p - Hand & Foot 7:00-9p Killing Time Band \$10.00</p>	<p>8a - 11:00a Dominoes! 8-11:30/12-4pm - Pinochle' 10a - Gospel singing (Grand Rm.) 10a - *Exercise Group 11a - Tai Chi 11:15 Dine in lunch with Reservations 12-4 Mexican Train Dominoes 1p - 4p Pickle Ball</p>	2
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26	<p>We will be closed for Memorial Day No meals, no activities. 26</p>	<p>8a -11:00 Dominoes! 8-11:30/12-4 - Pinochle' 9-9:45am - Yoga 10a - Exercise Group 11:15 Dine in lunch with Reservations 7p - 9p Fun Timers Square Dancing</p>	<p>9-11a Wood carvers 10a Exercise Group 10a Bible Study (Parlor) + 11a - Tai Chi 11:15 Dine in lunch with Reservations 12-4 - Bridge 1:00-2p Loud Crowd (must register) 1pm - Line Dancing! 1:00 - SSM Grief Counseling</p>	<p>9-9:45am - Yoga 9:30am-12 Knit/Crochet 10a - Exercise Group 11:15 Dine in lunch with Reservation 1-4p - Hand & Foot 1-4 - Art in the afternoon!! 7:00-9pm Killing Time Band \$10.00</p>	<p>8a - 11a Dominoes! 8-11:30/12:30-4:00 - Pinochle' 10a - Gospel singing (Grand Rm.) 10a - Exercise Group 11a - Tai Chi 11:15 Dine in lunch with Reservations 12-4:00 Mexican Dominoes 1-4:00 Pickle Ball</p>	30

LUNCH MENU ON BACK