

Assistance Programs

Baby Items

All Things Baby Inc **405-285-6245** **405 W Second St, Edmond**

****Tuesdays 10:00am – 1:00pm, ALWAYS call first****

- Free and open to the public, no requirements or paperwork
- 2 times per year usage (can volunteer time if more items are needed)
- Maternity, infant, and up to size 8 children's wear
- Clothing, baby furniture, and misc. items

Family Expectations **405-639-2054** **3 E Main, OKC**

****Must complete workshops to earn Crib Cash to purchase baby items****

Infant Crisis Center **405-528-8663** **4224 N Lincoln Blvd, OKC**

****Must make an appointment Monday – Friday 9:00am – 4:30pm, services available 4 times annually to children ages birth – 3 years old****

- One week supply of diapers
- Formula for a week or a pack of toddler food (depending on age)
- Bottle or sippy cup
- A pack of wipes

****Infant Crisis Center partners with Junior League of OKC on a bimonthly basis to provide new car seats to families in need. Car seat distribution events take place at 4224 N Lincoln Blvd on Saturdays from 9:00am to 12:00pm. Numbers will be handed out starting at 7:30am on the day of the event. Dates and times are subject to change.****

- The child/guardian must receive some form of state or government assistance. For example: Sooner Care, WIC, or SNAP (food stamps). They ask proof of this at the event.
- The adult present needs to be the legal guardian of the child receiving a seat.
- The child must be present or mother must be within 6 weeks of her due date.
- Please bring the vehicle you most often use to transport the child.
- Seats are distributed on a first come first serve basis.
- They ask for a \$10 donation for each car seat.

Willow Pregnancy Center **405-631-4477** **4701 S Western Ave, OKC**
405-495-6919 **6006 N Rockwell, Bethany**
405-330-2111 **1218 E 9th St. Suite 5, Edmond**

****Monday – Thursday 10:00am – 4:00pm****

- Pregnancy Testing (free, confidential, fast, accurate, medically supervised)
- Limited Ultrasound (free, confidential, confirmation of pregnancy, performed by certified nurse sonographers)
- Medical Clinic
- Community Resources (food & nutrition guidance, DHS, adoption agencies, housing & shelter through Rose Home, natural family planning, post abortion counseling, moms support group)

Clothing Assistance

Community Action Partnership **405-869-9354** **1124 N Douglas Blvd, MWC**

- Assists low income families with emergency services
- Help provide basic needs, such as food and clothing to low income families
- Utility referrals for those that qualify
- Rental/Mortgage assistance for those that qualify

Cross and Crown Mission, Inc. **405-232-7696** **1008 N McKinley, OKC**

****Monday, Tuesday & Wednesday 10:30am – 12:30pm****

- All items in the store are 10 cents each (including clothing and household items)

Mission Mid-Del/Master's Market **405-737-2010** **5751 E Reno Ave, MWC**

****Open Tuesdays and Fridays 10:00am – 1:30pm. They serve the first 80 people. There is an interview process with a counselor to determine how to best meet your needs.****

Skyline Urban Ministry **405-632-2644** **500 SE 15th St, OKC**

****Monday – Friday 9:00am – 12:00pm****

- Style Shop functions as a mini-thrift store with low prices for gently used women's, men's, and children's clothing, shoes and accessories; as well as small household accessories.
- The store also provides formal wear, accessories, and jewelry for students to attend school formals in addition to school uniforms, socks, underwear, and athletic shoes for students K – 12th grade.

Education Assistance

OIC of Oklahoma County

405-235-5651

3033 N Walnut Ave, Bldg East, OKC

- Business Academy
- Computer Training
- JUMP Academy
- Health Literacy
- High School Diploma Prep Classes
- Diploma Prep 24/7
- TANF Literacy

Elderly Assistance

Area Wide 405-943-4344

- Services for 55+
Transportation
Assistance with dentures, hearing aids, and glasses
- Services for 60+
Home delivered meals
Homemaker services (on hold because of COVID)

MWC Senior Center 405-739-1200

8251 E Reno Ave, MWC

- Provides lunches, provided by a drive-by service, to citizens 65+.
- Menu is on Facebook.

Retired Senior Volunteer Program (RSVP)

405-605-3106

7401 NE 23rd St, OKC

****Contact April Lucas or email april.lucas@rsvpokc.org****

- Provide-A-Ride is offered to low-income adults age 60+ free transportation to medical appointments throughout Oklahoma County.

St. Matthew Methodist Church

405-732-6831

300 N Air Depot Blvd, MWC

- Utility assistance (every Tuesday 10:00am – 12:00pm)
Bring photo ID & utility bill
- Mobile food delivery for the elderly (Jennifer Camron 405-795-4530)

Employment Assistance

Job Connection (Goodwill)

405-520-7697

Workforce Oklahoma

405-713-1890

7401 NE 23rd, OKC

Food Pantry's/Food Assistance

Church of the Open Arms 405-525-9555 3131 N Penn Ave, OKC

**** Fridays 4:00pm – 6:00pm, drive-thru only. Early sign-up Fridays 2:00pm – 4:00pm****

- No Photo IDs, proof of income, or proof of residency are necessary to receive groceries
- Any patron under the age of 18 must have a card from a referral agency. These cards will be kept on file. No one under the age of 18 without a referral. No exceptions.
- Only 1 person per household address may get groceries
- Each patron is limited to 6 visits within a 12 – week time period

Cross and Crown Mission, Inc. 405-232-7696 1008 N McKinley, OKC

****Monday, Tuesday & Wednesday 10:30am – 12:30pm****

- Each individual or family is eligible to receive free groceries every 2 weeks
- IDs are required for each person in your household you claim (any form of ID is accepted)

DHS 405-739-8000

- Utility assistance ****LIHEAP-Low-Income Home Energy Assistance Program/when funded****
- Food Stamps - SNAP

**First Baptist Church Nicoma Park 405-769-5623 2020 Nicoma Lane, Nicoma Park (NE 23rd to
Nichols Dr. Behind the church)**

****Fridays 10:00am – 1:00pm****

- Food Pantry for residents of Nicoma Park and 73130 zip code. Must bring proof of residence and a photo ID.

Grace Rescue Mission 405-232-5766 2205 Exchange Ave, OKC

****Thursdays 1:00pm – 2:30pm****

- Food Pantry, once a month
- ID required
- **Emergency food baskets available by referral only from Community Action 1 time****

Mid-Del Food Pantry 405-732-3603 320 N Midwest Blvd, MWC

****Monday, Wednesday, Friday 10:00am – 12:00pm, limit 30 households per day****

- Food Pantry

Mission Mid-Del/Master's Market **405-737-2010** **5751 E Reno Ave, MWC**

****Open Tuesdays and Fridays 10:00am – 1:30pm. They serve the first 80 people. There is an interview process with a counselor to determine how to best meet your needs.****

Project 66 **405-341-1353** **2612 S Kelly Ave, Edmond**

****Monday 10:00am – 12:00pm & 6:00pm – 7:30pm, Wednesday 10:00am – 12:00pm, Thursday 10:00am-12:00pm & 6:00pm – 7:30pm. It takes at least 40 minutes to go through the pantry****

- Provides 2 ½ weeks of groceries, provided by a drive-by service.

Salvation Army Social Services **405-246-1060** **1001 N Pennsylvania, OKC 73107**

**** Open Monday – Friday 8:30am – 4:30pm, out for lunch from 12pm – 1pm****

- Groceries
- Utility assistance
- Fans
- Coats

Skyline Urban Ministry **405-632-2644** **500 SE 15th St, OKC**

****Monday – Friday 9:00am – 12:45pm, line begins to form around 8:00am and the gate closes at 12:45 pm****

- First time patrons must bring:
 - o A form of photo ID
 - o A recent utility bill or copy of the lease with the households' current address/mortgage paperwork
In the case of homelessness patrons can notify the person doing intake of the current situation
 - o One form of ID for each member of the household. This can include social security cards, birth certificates, school IDs, insurance cards, etc.
- Returning patrons must bring:
 - o A form of photo ID
 - o Return date card issued by Skyline with case number on the back
The return card is a reminder for the next time patrons are eligible to receive assistance. Patrons may receive assistance every 30 days. A new card is issued on each visit.

St. Christopher Episcopal Church **405-732-4802** **800 S Midwest Blvd, MWC**

**** Monday – Friday 12:30 pm – 2:00pm****

- Emergency Food Pantry – provides 1 days worth of food for your family

St. James Episcopal Church **405-682-3405** **8400 S Penn Ave, OKC**

- Food Pantry every 3rd Saturday at 8:00am

St. Luke Baptist (Spencer, Jones) 405-769-5123 10001 NE 50th, Spencer

- Food Pantry every Friday 11:00am – 1:00pm

St. Philip Neri 405-741-0967 1107 Felix Place, MWC

****Food and utility assistance to people living East of Sooner Road to Hiwassee Road and North of SE 89th Street to NE 50th Street****

- Provides food deliveries based on family size every 3 months. Food does not include fruits, vegetables, or perishable meats. Bologna and hot dogs are provided.
- Will make a payment or pledge for utilities, sent directly to the utility company to avoid a cut-off or to get utility turned back on. (\$100 - \$125)
- MWC water will waive late fees twice.
- **DO NOT HELP WITH RENT/DEPOSITS**

The Urban Mission, Inc. 405-946-1556 3737 N Portland Ave, OKC

****Tuesdays and Thursdays 9:00am – 1:00pm, drive-thru system****

- Food Pantry
- ID is required

Trinity Baptist Church 405-528-6327 1329 NW 23rd St, OKC

****Thursdays 9:30am – 11:30am, drive-thru system****

- Food Pantry
- Must bring photo ID & proof of address (ie. Utility Bill)

Legal Assistance

American Civil Liberties Union 405-524-8511

Hispanic Legal Outreach 918-295-9420

Legal Aid for Civil Matters 1-888-534-5243

Neighbor for Neighbor Legal Clinic 918-425-5595

OCU Immigration Law 405-523-3001

Oklahoma Attorney General 405-521-3921

Oklahoma Bar Association 405-416-7000

Oklahoma Disability Law Center 1-800-880-7755 **Leave Message******

Oklahoma Indian Legal Services 405-943-6457 or 1-800-658-1497

Oklahoma Indigent Defense System for Criminal Matters 405-801-2601

Older American Law Project 918-631-5799

OU Legal Clinic **405-325-3702**

Senior Law Resource Center, Inc. **504-528-0858**

Overnight Shelters

City Rescue Mission **405-232-2709** **800 W California, OKC**

Grace Rescue Mission **405-232-5756** **2205 Exchange, OKC ****Men Only******

****Call at 8:00am to see if there are openings****

Homeless Alliance **405-415-8410** **1724 NW 4th, OKC**

Jesus House **405-232-7164** **1335 W Sheridan, OKC**

Salvation Army **405-246-1133** **1001 N Penn, OCK**

Sanctuary Womens Center **405-526-2321** **2133 SW 11th, OKC ****Day Only******

Sunbeam Family Services **405-528-7721** **1100 NW 14th St, OKC**

- Emergency shelter for elderly or foster care for abused children
- Counseling and mental health services

Prescription Assistance

County Pharmacy **405-713-1891** **7401 NE 23rd St, OKC**

****Provides prescription medication at no cost to eligible residents of Oklahoma County. Call to find out if you may be eligible, and to find out what documentation you need to bring. A written prescription is required, they do not accept call-in prescriptions or refill bottles from other pharmacies. Applicants will complete an application form and be interviewed by an eligibility analyst to determine eligibility for service. It is recommended to call to make sure they carry the medication you need. They are not a full pharmacy and do NOT carry all medications or narcotics.****

Grace Rescue Mission **405-232-5756** **2205 Exchange, OKC**

- Provides a health clinic (Do not provide dental or optometry services)

Healing Hearts Clinic **405-737-4441** **1000 S Midwest Blvd, MWC**

****Temporarily moved to Country Estates Baptist Church****

- Provides free medical care to those in need.
- Call to make an appointment.

MERCK **1-800-727-5400**

Neighborhood Services Organization 405-236-0413 431 SW 11th St. OKC

****Offers low cost Dental Clinic. Must be a resident of Oklahoma, Canadian or McClain Counties.****

- Tuesday, Wednesday, Thursday 8:30am – 5:00pm & alternating Friday/Saturday 9:30am – 6:30pm
- See website <https://nsookc.org/dental/> or call to schedule an appointment

OU Medical Center 1-866-751-7797

RX Help 1-888-477-2669

Skyline Urban Ministry 405-605-1079 500 SE 15th St, OKC

****Monday – Thursday 9:00am to 12:00pm****

- Free eye exams
- Discounted glasses (Wednesdays 8:30am – 10:30am)

Rental Assistance

Catholic Charities 405-523-3000

****Appointments made on Monday mornings by phone, if message is received when called all appointments are full. Child must be in home.****

- For assistance person must have a current proof of income (employment, SSI, or TANF. SNAP assistance is not accepted.
- Deposit assistance – Person must be pre-approved for the home or have a current utility bill for the home
- Utility assistance – Services must be on
- Rental assistance - Must have a current lease

Community Action Partnership 405-869-9354 1124 N Douglas Blvd, MWC

- Assists low income families with emergency services
- Help provide basic needs, such as food and clothing to low income families
- Utility referrals for those that qualify
- Rental/Mortgage assistance for those that qualify

Good Shepherd Ministries 405-232-8631 1201 N Robinson, OKC

**** Monday – Friday 9:00am – 5:00pm****

- Limited assistance with utilities and rent as funds are available

Neighborhood Services Organization 405-653-6624 431 SW 11th St, OKC

****Mondays 8:30am-11:30am. Must be a resident of Oklahoma, Canadian or McClain Counties.****

- Helps with mortgage assistance, first month's rent & eviction prevention.
- Applicants must call in for a pre-screening by phone.
- This program does not pay deposits or any additional fees or fines.

Upward Transitions **405-232-5507** **1134 W Main St, OKC**

****Serves those who are homeless and on the verge of becoming homeless by providing case management and stabilizing resources to meet basic social needs.****

Utility Assistance

Catholic Charities **405-523-3000**

****Appointments made on Monday mornings by phone, if message is received when called all appointments are full. Child must be in home.****

- For assistance person must have a current proof of income (employment, SSI, or TANF. SNAP assistance is not accepted.
- Deposit assistance – Person must be pre-approved for the home or have a current utility bill for the home
- Utility assistance – Services must be on
- Rental assistance - Must have a current lease

Community Action Partnership **405-869-9354** **1124 N Douglas Blvd, MWC**

- Assists low income families with emergency services
- Help provide basic needs, such as food and clothing to low income families
- Utility referrals for those that qualify
- Rental/Mortgage assistance for those that qualify

DHS **405-739-8000**

- Utility assistance ****LHEAP/when funded****
- Food Stamps - SNAP

Good Shepherd Ministries **405-232-8631** **1201 N Robinson, OKC**

**** Monday – Friday 9:00am – 5:00pm****

- Limited assistance with utilities and rent as funds are available

Guild of St. George **405-232-2266** **117 NW 7th St, OKC**

- Utility assistance ****Must have a cut-off notice****

Life Church **405-622-3233** **6809 E Reno Ave, MWC**

- Financial assistance program, must fill out an application.

Mission Mid-Del/Master's Market **405-737-2010** **5751 E Reno Ave, MWC**

****Open Tuesdays and Fridays 10:00am – 1:30pm. They serve the first 80 people.****

Salvation Army Social Services 405-246-1060 1001 N Pennsylvania OKC 73107

**** Open Monday – Friday 8:30am – 4:30pm, out for lunch from 12pm – 1pm****

- Groceries
- Utility assistance
- Fans
- Coats
- Christmas

Shepherds of Love Ministry 405-348-5195 Edmond

****Applications accepted Monday – Wednesday 9:30am – 12:00pm. Telephone interviews are accepted. You must have your current utility bill at the time of your call when an interview will be conducted. You will be required to email or text a copy of the entire bill.****

St. Matthew Methodist Church 405-732-6831 300 N Air Depot Blvd, MWC

- Utility assistance (every Tuesday 10:00am – 12:00pm)
Bring photo ID & utility bill
- Mobile food delivery for the elderly (Jennifer Camron 405-795-4530)

Upward Transitions 405-232-5507 1134 W Main St, OKC

- ****Serves those who are homeless and on the verge of becoming homeless by providing case management and stabilizing resources to meet basic social needs.****

Wickline Methodist Church 405-732-0356 417 Mid America Blvd, MWC

****Monday – Wednesday, call to schedule a time. Must have a cut-off notice, will pay \$25 towards bill****

Veterans Assistance

Shepherd of Love Ministry 405-348-5195 Edmond

****Applications accepted Monday – Wednesday 9:30am – 12:00pm. Telephone interviews are accepted. You must have your current utility bill at the time of your call when an interview will be conducted. You will be required to email or text a copy of the entire bill.****